

# SECASA Primary Prevention Program

## SOARR – Safety Online and Respectful Relationships Program

### Suitable for ages 11 – 15



#### Objectives:

The SOARR program is designed for students aged 11 to 15 years as they begin to explore unfamiliar online content and establish connections with individuals through online platforms. The primary objective is to empower young individuals with the knowledge and skills necessary to comprehend their digital footprint and navigate the online world securely and respectfully. SOARR addresses a wide range of challenges young people encounter regularly online, offering them guidance on where to seek assistance when needed. Emphasis is placed on cultivating respectful online relationships, safeguarding one's personal safety and ensuring the safety of others in the digital age. Additionally, the program educates young participants about current legislation pertaining to online activities, with a specific focus on fostering safe and responsible engagement with online content.

#### Key Topics:

- Online Safety
- Social Media
- Online Grooming
- Sexting and Sextortion
- Cyberbullying and Privacy
- Digital Footprints
- Affirmative Consent

#### Tips for Parents:

- Conversation about staying safe should be ongoing.
- It's much better to have little conversations more often, than one big talk.
- This will help you to reinforce key points and to adapt the message as your child gets older.
- Once you're ready to talk, you might find your child isn't. That's OK. The most important thing is to not force the issue, but ensure your child know they can talk to you.
- Weaving simple conversations about staying safe into daily routines is a great way to stop it sounding like a lecture, making it feel easier for you too.

#### Resources:

- Kids Helpline – [here](#)  
1800 55 1800
- eSafety Commissioner – [here](#)
- SECASA – [here](#)  
03 9928 8741 – Business hours  
1800 806 292 – After hours

