

SECASA

Primary Prevention Program

Teacher Information Session



Objectives:

During this session, participants will acquire a comprehensive understanding of Protective Behaviours Education and recognise its significance across various life stages. Participants will gain a deeper insight into child sexual abuse, learning to distinguish between age-appropriate sexual behaviours and harmful ones. The session will focus on empowering children and young people, while equipping teachers with the knowledge and tools to effectively continue conversations at school about body safety, personal boundaries, consent, respectful relationships and online safety. Additionally, participants will receive information about available resources for seeking support in sensitive situations including responding to disclosures of sexual assault.

Key Topics:

- Prevalence of sexual abuse and family violence.
- Identifying indicators of Harmful Sexual Behaviours.
- Education on Protective Behaviours and Cyber Safety
- Understanding disclosures and appropriate responses.
- Guidelines for recording disclosed information.
- Exploring reasons why people may not disclose.
- Accessing support and assistance.
- Practicing self-care strategies.

Key Topics:

- A student discloses a child or adult has done something to make them feel worried or scared.
- A student expresses discomfort at being hugged or touched.
- A student says they feel uncomfortable in a public toilet / school bathrooms because they feel 'unsafe'.
- You overhear a student saying that a stranger started messaging them on social media who you suspect to be an adult.
- A student tells you that someone on the internet asked them to send videos of themselves or their private parts.

Resources:

- Kids Helpline - [here](#)
1800 55 1800
- eSafety Commissioner - [here](#)
- SECASA - [here](#)
03 9928 8741 - Business hours
1800 806 292 - After hours

