

SECASA Primary Prevention Program

Responding to Disclosures of Sexual Assault



Overview:

Responding to Disclosures of Sexual Assault is a 2-hour training session designed to build confidence and capacity in responding to disclosures safely and appropriately.

Key Topics:

- An overview of sexual violence and its prevalence, including a clear explanation of affirmative consent.
- Exploration of the structural and gendered drivers of violence against women.
- Understanding the impacts of sexual violence, barriers to disclosure, and how to create a safe environment.
- Information on referral pathways for support and counselling.
- Challenging common myths and victim-blaming attitudes.
- Practical guidance on responding to disclosures using a trauma-informed approach.
- Basic grounding and self-care strategies for both practitioners and victim-survivors.
- Emphasis on the importance of self-care for those supporting victims and survivors.