

SECASA Primary Prevention Program

Respect, Protect, Connect

Suitable for ages 12 – 17



Objectives:

The Respect, Protect, Connect program is a respectful relationships program for high school aged children. Each year level receives tailored information based on age-appropriate materials. The Respect, Protect, Connect program aims to increase awareness within the school community regarding the issue of sexual assault and family violence. The program will also assist young people to have ongoing conversations with their caregiver about sexuality, relationships and sex. The program focuses on empowering young people to make informed decisions. It aims to educate young people on the broader definition of family violence and sexual assault and its impact on their health and emerging relationships. Respect, Protect, Connect provides young people an understanding of current legislation and how young people can engage safely with online materials.

Tips for Parents:

- Conversation about staying safe should be ongoing.
- It's much better to have little conversations more often, than one big talk.
- This will help you to reinforce key points and to adapt the message as your child gets older.
- Once you're ready to talk, you might find your child isn't. That's OK. The most important thing is to not force the issue, but ensure your child know they can talk to you.
- Weaving simple conversations about staying safe into daily routines is a great way to stop it sounding like a lecture, making it feel easier for you too.

Key Topics:

- Affirmative Consent
- Sexting and Sextortion
- Relationship Violence
- Cycle of Violence
- Respectful Relationships
- Rape and Sexual Assault
- Pornography
- Online Safety

Resources:

- Kids Helpline - [here](#)
1800 55 1800
- eSafety Commissioner - [here](#)
- SECASA - [here](#)
03 9928 8741 - Business hours
1800 806 292 - After hours